## Montessori Community School Lunch Menu – (April to October 2025)

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Mixed salad	Mixed salad	Mixed salad	Mixed salad	Mixed salad
	Bread	Bread	Bread	Bread	Bread
7 <sup>th</sup> / 21 <sup>st</sup> Apr					
5 <sup>th</sup> / 19 <sup>th</sup> May	Pizza Margherita	Beef spaghetti (pasta) Bolognaise	Salmon Fish Pie	Roast chicken fillet Rice	Lamb Shepherd's Pie
2 <sup>nd</sup> /16 <sup>th</sup> /30 <sup>th</sup> Jun	Carrots	Sweet Corns	Cabbage	Green beans	Broccoli
14 <sup>th</sup> / 28 <sup>th</sup> Jul	Peas	Cauliflower	Broccoli	Cauliflower	Carrots
11 <sup>th</sup> / 25 <sup>th</sup> Aug	<u>Veg</u> : Veg risotto	<u>Veg</u> : Lentil Bolognaise	<u>Veg</u> : Jacket potatoes Cheese & baked beans	Veg: Mixed Veg rice	<u>Veg</u> : Quorn Shepherd's Pie
8 <sup>th</sup> /22 <sup>nd</sup> Sep					
6 <sup>th</sup> / 20 <sup>th</sup> Oct	Fruity flapjacks	Yoghurt	Jelly	Sponge cakes	lce cream
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Mixed salad	Mixed salad	Mixed salad	Mixed salad	Mixed salad
14 <sup>th</sup> / 28 <sup>th</sup> Apr	Bread	Bread	Bread	Bread	Bread
12 <sup>th</sup> / 26 <sup>th</sup> May	Beef mince with tomato sauce	Macaroni Cheese	Chicken Pasta	Lamb mince with mix vegetable	Fish fingers & chips Baked beans
9 <sup>th</sup> / 23 <sup>rd</sup> Jun	Rice Peas	Green beans	Carrots	Rice Broccoli	Peas
7 <sup>th</sup> / 21 <sup>st</sup> Jul	Broccoli	Cauliflower	Cabbage	Sweet corn	Carrots
4 <sup>th</sup> / 18 <sup>th</sup> Aug	<u>Veg</u> : Quorn with tomato sauce	<u>Veg</u> : Macaroni Cheese	<u>Veg</u> : Lentil pasta Bolognaise	Veg: vegetable with Rice	<u>Veg</u> : Jacket potatoes Cheese & baked beans
1 <sup>st</sup> /15 <sup>th</sup> /29 <sup>th</sup> Sep	Rice				
13 <sup>th</sup> / 27 <sup>th</sup> Oct	Monkey bread	Shortbread	Yogurt	Jelly	Ice Cream