

Montessori Community School

Lunch Menu – (November 2023 to March 2024) – Amended on 1st Feb 2024

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|--|
| Week 1 30 th Oct 13 th Nov 27 th Nov 11 th Dec 2 nd Jan 15 th Jan 29 th Jan 12 th Feb 26 th Feb 12 th Mar 28 th Mar | Mixed Salad Bread Lamb mince Rice Carrots Broccoli <u>Veg:</u> Quorn mince Rice Ginger bread | Mixed Salad Bread Macaroni Cheese Peas Cauliflower <u>Veg:</u> Same Jelly | Mixed Salad Bread Roast chicken fillet Rice Sweet-corn Cabbage <u>Veg:</u> Mixed Veg rice Semolina | Mixed Salad Bread Fish finger & chips Baked beans Peas Carrots <u>Veg:</u> Jacket potatoes cheese & baked beans Yoghurt | Mixed Salad Bread Beef pasta bolognaise Green bean Broccoli <u>Veg:</u> veg lentil pasta bolognaise Apple crumble |
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Week 2 6 th Nov 20 th Nov 4 th Dec 18 th Dec 8 th Jan 22 nd Jan 5 th Feb 19 th Feb 5 th Mar 19 th Mar | Mixed Salad Bread Beef sausages with gravy / Rice Carrots Cabbage <u>Veg:</u> Quorn Sausages Yoghurt | Mixed Salad Bread Lamb cottage pie Peas Sweet-corn <u>Veg:</u> Lentil cottage pie Rice Pudding | Mixed Salad Bread Macaroni cheese Green bean Carrot <u>Veg:</u> Same Jelly | Mixed Salad Bread Chicken fillet with gravy Rice Broccoli Cauliflower <u>Veg:</u> Mixed Veg rice Short bread | Mixed Salad Bread Salmon fillets & chips Baked beans Peas Carrot Veg: Jacket potatoes cheese & baked beans Carrot Cake |

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